



**NEU IN DER SCHWEIZ**  
**NOUVEAU EN SUISSE**  
**NUOVO IN SVIZZERA**  
**NEW IN SWITZERLAND**

## **WELCOME!**

Here you will find information and recommendations with corresponding links about living in Switzerland, in the canton Solothurn and in your region. The links relating to websites from the federation, the canton or municipalities are reliable. They are identified with **+**

The other websites also contain interesting information, however their accuracy cannot be guaranteed.

[Index - links about informations](#)

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If you still have any questions regarding the provided information and links, please contact your municipal administration:

**+ [Municipality Balm bei Günsberg](#)**

**+ [Municipality Feldbrunnen-St. Niklaus](#)**

**+ [Municipality Flumenthal](#)**

**+ [Municipality Günsberg](#)**

**+ [Municipality Hubersdorf](#)**

**+ [Municipality Riedholz](#)**

You can also express your questions or concerns via e-mail to

**[integration@hubersdorf.ch](mailto:integration@hubersdorf.ch)** or make an appointment. For personal briefings, the municipalities in Unterleberberg provide an integration specialist for residents of the region.

# **+** LIVING IN SWITZERLAND, **I** IN THE CANTON SOLOTHURN, IN THE MUNICIPALITY OF YOUR NEW RESIDENCE

Acquire knowledge about the municipality of your residence and get in contact with other locals. You will find your way faster and easier if you acquire basic knowledge about healthcare, social insurance and civics. You will find more information about local topics such as sports associations and other clubs, destinations and waste disposal at your municipal administration.

TOPICS	LINKS	DESCRIPTION	LANGUAGES
<b>LIVING IN SWITZERLAND</b>	<b>+ Welcome to Switzerland</b>	Federal government provides information about the state system	<a href="#">DE/FR/IT/EN et al.</a>
	<b>+ ch.ch</b>	Federal government and cantons provide online information about diverse topics	<a href="#">DE/FR/IT/EN et al.</a>
	<b>+ Competence centre Integration canton SO</b>	Information, laws, projects etc. regarding integration in Solothurn	<a href="#">DE</a>
	<b>+ New resident in Solothurn</b>	Solothurn City website	<a href="#">DE</a>
	<b>+ Venues - make new contacts in Solothurn</b>	Offers - community centre Altes Spital Solothurn	<a href="#">DE</a>
	<b>+ Living in Switzerland</b>	Federal government provides information regarding habitation and rent	<a href="#">DE/FR/IT/EN et al.</a>
	<b>migraweb.ch</b>	Information from migrants for migrants	<a href="#">DE/FR/IT/EN et al.</a>
	<b>+ kantonsolothurntourismus.ch</b>	Get to know your region!	<a href="#">DE</a>
<b>HEALTH OLD AGE</b>	<b>+ Health guide</b>	Health guide Switzerland	<a href="#">DE/FR/IT/EN et al.</a>
	<b>+ migesplus.ch</b>	Health related information and publications	<a href="#">DE/FR/IT/EN et al.</a>
	<b>Advice for life in old age pro senectute canton Solothurn</b>	Information/tips pro senectute Switzerland Contact info for pro senectute in your region	<a href="#">DE/FR/IT</a> <a href="#">DE</a>
<b>SOCIAL INSURANCE</b>	<b>+ Social insurance in Switzerland</b>	Brochure regarding pension provision and possible return to home country	<a href="#">DE/FR/IT/EN et al.</a>
	<b>+ Premium reduction health insurance</b>	Information canton SO regarding claim and procedure for a potential premium reduction	<a href="#">DE</a>
	<b>+ Supplementary benefits for low-income households</b>	Information canton SO regarding claims and procedures for low-income families	<a href="#">DE</a>
	<b>+ Child and family allowance</b>	Allowances for children/adolescents in education in the canton SO	<a href="#">DE</a>
<b>CONSULTATION</b>	<b>+ Advice centre Frabina - canton SO</b>	Advice for foreigners and in case of racism and discrimination	<a href="#">DE/FR/EN/SP</a>
	<b>+ Contact points canton Solothurn</b>	Flyer by the competence centre Integration canton Solothurn - points of contact and consultation	<a href="#">DE</a>

# LANGUAGE SKILLS – **I** LEARNING GERMAN

To be able to participate in economic and social life with equal opportunities, you should ideally have very good oral and written German skills (GER C1-C2). It is expected that you are at least able to communicate in routine conversations with familiar and simple contents (GER A2). As of the implementation of the new foreigner and integration law AIG in April 2020, the residence permit is linked to a language skill certificate.

The canton Solothurn offers a wide range of subsidised German integration courses. There exists the possibility for exemption of costs for people with very low income.

Topics and links	Description	Languages
<b>+ Learning German in the canton SO</b>	Information for learning German in the canton SO	<a href="#">DE</a>
<b>+ German integration courses canton SO</b>	actual Offers for subsidised German integration courses	<a href="#">DE</a>
<b>+ Exemption from costs for German integration courses</b>	Information regarding claims and procedures	<a href="#">DE</a>
<b>+ Information sheet language skill certificate</b>	Information regarding language skill certificates	<a href="#">DE</a>
<b>+ Classification of language levels</b>	Information from <a href="#">fide-info.ch</a> regarding the European reference framework for languages	<a href="#">DE/FR/IT/EN</a>

# WORK – FINANCIAL INDEPENDENCE

A proper income and fortune to account for yourself and your family are expected. If you are receiving social assistance, you are not taking an active part in economic life. As of the implementation of the foreigner and integration law AIG in April 2020, participation in economic life is a factor taken into account for extending residence permits.

In case of unemployment, get in touch with your municipal administration, who then will proceed to preregister you at the regional employment placement office RAV.

Should you fall into financial hardship, get in touch with budget and debt counselling.

Topics and links	Description	Languages
<b>+ <a href="https://ravso.ch">ravso.ch</a></b>	Information tool from RAV Solothurn for jobseekers	<a href="#">DE</a>
<b>+ <a href="https://arbeit.swiss">arbeit.swiss</a></b>	Swiss portal for employment and unemployment questions	<a href="#">DE/FR/IT/EN</a>
<b>+ <a href="#">Brochure RAV for jobseekers</a></b>	Information RAV: claim, procedure, application tips	<a href="#">DE</a>
<b>+ <a href="https://schulden-ag-so.ch">schulden-ag-so.ch</a></b>	Budget and debt counselling canton SO	<a href="#">DE</a>

# **+** EDUCATION AND **I** PROFESSIONAL DEVELOPMENT

Professional education is of great importance in Switzerland. Invest in your personal education and professional development! Do you have adolescent children aged 14 and 25? About 75 percent of all youth in Switzerland complete professional training after 11 years of compulsory education. It is very important to prioritize the topic of professional education, and that parents support the juveniles in matters of career choices and job search. The counselling and information centre for career choices, studies and career path in Solothurn is at your entire disposal and provides you with advice in a personal meeting.

Topics and links	Description	Languages
<b>+ <a href="#">berufsberatung.ch</a></b>	Information portal for career advice	<a href="#">DE/FR/IT</a>
<b>+ <a href="#">Swiss education system</a></b>	Overview education system	<a href="#">DE/FR/IT</a>
<b>+ <a href="#">Recognition of Foreign Qualifications</a></b>	Informations from the Secretary for Education, Research and Innovation SERI	<a href="#">DE/FR/IT/EN</a>
<b>+ <a href="#">Website BIZ Solothurn</a></b>	Counselling and information centre for career choices, studies and career path BIZ	<a href="#">DE</a>
<b>+ <a href="#">Scholarships and training loans</a></b>	Information regarding scholarships and training loans in canton SO	<a href="#">DE</a>
<b>+ <a href="#">Case management professional education canton SO</a></b>	Advice/support for adolescents/young adults with difficulties in basic professional training	<a href="#">DE</a>
<b>+ <a href="#">Integration year - preparatory year professional education</a></b>	Preparatory year for foreign-language adolescents/young adults who strive for professional education	<a href="#">DE</a>

# INFORMATION FOR **I** PARENTS WITH CHILDREN AGED 0 TO 15

## Toddlers (0-4 years)

Enable your toddlers to make contact with German-speaking children. Nurseries and playgroups are particularly suitable for this purpose. Helpful contact details can be found at the municipal administration of your municipality of residence.

Good to know: For your child's language development, it is of advantage to converse in your native tongue at home. The native tongue plays an important role in learning foreign languages.

## Children of school age (4-15 years)

At the completed fourth year of life (effective date July 31) children are sent to school. Every child has the right and obligation to attend primary school. Maintain close contact with your children's teachers, and participate in parent's evenings.

Topics and links	Description	Languages
<b>+ Primary school at a glance</b>	Flyer elementary education authority canton SO	<a href="#">DE/FR/IT/EN and others</a>
<b>+ School Feldbrunnen-St. Niklaus</b>	Information/contact information regarding compulsory education in your region	<a href="#">DE</a>